

2019-20 Northern Kettle Moraine Nordic Storm

Participant and Parent/Guardian Information Form

Please submit this completed form to the Coach before participating! **Due Sat., Nov. 2, 2019**

Participant Name _____ Gender (circle) Male Female

Year In School/Grade _____ School Attending _____ T-Shirt/Sweat Shirt Size _____

Age _____ Birthdate _____ Previous Number of Years Participated in Ski Team _____

Mailing Address _____ City _____, WI, Zip _____

E-mail Address _____ Phone (that you prefer to be contacted) _____

Nordic Ski Experience: (check those that apply) _____ None, _____ Tried it but need help, _____ Can classic ski, _____ Can skate ski, _____ Family member(s) also ski(s), _____ Other _____

Other Sports That I Currently Do? (Please List) _____

Skiers must have both classic & skate ski equipment. Check the equip. that you will need to rent (cross out what you don't need): _____ Skate Ski Equip. (Skis, Poles, Boots) _____ Classic Ski Equip. (Skis, Poles, Boots) _____ Not Sure

*** Info. Needed If Renting Ski Equipment: *Height _____ *Weight _____ *Boot Size _____ (Men's)**

Other Sizes Needed (for fitting ski suit & warm-up jacket): Chest _____ Waist _____ Hips _____ (inches)

In general, what do you hope to accomplish as a member of the Northern Kettle Moraine Nordic Ski Team?

Parent/Guardian Information

Name _____ E-mail Address _____

Mailing Address _____ City: _____, WI Zip _____

Phone(s) (home/cell) _____ Work Phone(s) _____

Explain health-related concerns regarding the participant listed above _____

In general, what do you hope your child/athlete will accomplish as a member of the NKMN Ski Team?

I can tentatively help/volunteer as follows (please check all that apply)

- _____ Be a Parent Shelter Volunteer during practices at Greenbush (circle preference): **Monday, Tuesday, Thursday**
- _____ Develop Ski Team Video at End of Season
- _____ Ski Equipment Swap/Sale, Sat., Nov. 9, Bicycle Works
- _____ Equipment Distribution, Sat., Nov. 16
- _____ Driver- 2-Day Ski Camp, Fri., Dec. 7-Sun., Dec. 8 (U.P.)
- _____ Driver-2-Day Ski Camp, Sat., Dec. 14-Sun., Dec. 15 (U.P.)
- _____ Driver-Southern Conf. Invite, Sat., Jan. 4, Lapham Peak
- _____ Driver - Wausau Snekkevik, Sat., Jan. 11
- _____ Driver - Iola Invite, Sun., Jan. 12
- _____ Driver - Rhinelander Meet, Fri., Jan. 17 - Sun., Jan 19

- _____ Driver - Badger State Games, Fri., Jan. 24-Sun., Jan. 26
- _____ Conference Meet, Thurs., Jan. 30, Lapham Peak
- _____ Driver - Munising, MI Ski Trip, Fri., Jan. 31-Sun. Feb. 2
- _____ Driver - State Meet, Cable, Fri., Feb. 7 - Sun., Feb. 9
- _____ Greenbush Challenge, Sat., Feb. 15 (circle preferences): **Concessions, Registration, Course Monitor, Finish Area**
- _____ Driver - Birkie/Kortelopet, Thurs., Feb. 20-Sun., Feb. 23
- _____ Driver - Minocqua Squirrel Hill Loppet, Fri., Feb. 28 - Sun., March 1
- _____ Help w/Equipment/Uniform Return Day, Sun., Mar. 8
- _____ Bust-up Party Committee, Sun. Mar. 15

2019-2020 NORTHERN KETTLE MORAINÉ NORDIC STORM
MIDDLE AND HIGH SCHOOL RACE FORM & WAIVER

TO BE COMPLETED BY COACH

NAME OF RACE _____ DISTANCE _____ BIB # _____

TO BE COMPLETED BY ATHLETE AND/OR PARENT

NAME _____

LAST _____ FIRST _____ MIDDLE IN. _____
GENDER (CIRCLE) M F AGE _____ DATE OF BIRTH _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

(CIRCLE) HIGH SCHOOL MIDDLE SCHOOL INDIVIDUAL COMPETITOR

AGE CLASS (CIRCLE) 9-11 12-13 14-15 16-18

AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY-You must sign the waiver or have a parent sign it if you are under 18. In consideration of being allowed to participate in any way an athletic/sports program, and related events and activities:

- 1) I agree that prior to such participation, I will, or if I am the parent or guardian of a minor participant will instruct such participant that he or she should, inspect the facilities and equipment to be used, and if I believe that anything is unsafe I will immediately advise my coach or a supervisor of such condition(s) and refuse to participate.
- 2) I acknowledge and fully understand that I may be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my own actions, inactions or negligence but the actions, inactions, and negligence of others, the rules of play, or the conditions of the premises or of any equipment used. Further, that there may be other risks not known to me or not reasonably foreseeable at this time.
- 3) I assume all the foregoing risks and accept personal responsibility for my personal damages following my injury, permanent disability or death.
- 4) Intending to be legally bound, I do hereby release, waive, discharge and covenant not to sue the sponsoring organization, its affiliated clubs, their respective administrators, officers, directors, agents and other employees or volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases," from any and all liability to me, my heirs, and next of kin, for any claims, demands, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of any releases or in connection with association of participation in and/or arising out of my travel to, participation in, and returning from the participation in the event.
- 5) In the event that I sustain an injury or illness while participating, I hereby authorize any emergency first aid, medication, medical treatment, or surgery deemed necessary by licensed medical personnel. I also give my permission for attending medical personnel to execute on my behalf my permission forms or other necessary medical documents and to act in my behalf if I am not immediately available to do so.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE, UNDERSTANDS THAT HE/SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGNS IT VOLUNTARILY.

I HAVE READ THE RELEASE AND WILL COMPLY WITH ITS PROVISIONS.

Signature of participant _____ Printed Name _____ Date _____

This is to certify that, as parent/guardian of this participant, I do consent to his/her agreement to be bound by each of the terms/conditions above.

Signature of consenting parent/guardian if this participant is a minor _____

_____ DATE SIGNED _____